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2:02 PM

Equinox Marathon Pace Table for 4:25:00 Pace

Checkpoint	Mile	Cumulative
1 Mile		9:48
2 Mile	9:12	19:00
Yankovitch		22:55
3 Mile	10:00	29:00
4 Mile	11:01	40:01
5 Mile	9:42	49:44
Miller Hill		56:09
6 Mile	9:24	59:08
7 Mile	9:18	1:08:26
8 Mile	9:18	1:17:43
9 Mile	9:24	1:27:07
St. Patrick's		1:27:38
10 Mile	12:08	1:39:15
11 Mile	13:39	1:52:54
12 Mile	13:08	2:06:02
Top of Dome		2:10:32
13 Mile	10:19	2:16:21
Half-Mar.		2:17:26

Checkpoint	Mile	Cumulative
14 Mile	9:54	2:26:15
Turnaround		2:34:35
15 Mile	11:07	2:37:22
16 Mile	11:07	2:48:29
17 Mile	10:19	2:58:48
Top of Chute		2:59:23
18 Mile	10:19	3:09:06
19 Mile	9:00	3:18:06
20 Mile	8:54	3:27:00
21 Mile	8:54	3:35:53
Hend/Gold Hill		3:40:21
22 Mile	9:00	3:44:53
23 Mile	9:36	3:54:29
24 Mile	8:54	4:03:23
25 Mile	8:54	4:12:17
26 Mile	10:31	4:22:47
Finish		4:25:00