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2:01 PM

Equinox Marathon Pace Table for 4:20:00 Pace

Checkpoint	Mile	Cumulative
1 Mile		9:37
2 Mile	9:01	18:39
Yankovitch		22:29
3 Mile	9:49	28:28
4 Mile	10:49	39:16
5 Mile	9:31	48:47
Miller Hill		55:06
6 Mile	9:13	58:01
7 Mile	9:07	1:07:08
8 Mile	9:07	1:16:16
9 Mile	9:13	1:25:29
St. Patrick's		1:25:59
10 Mile	11:54	1:37:23
11 Mile	13:23	1:50:46
12 Mile	12:53	2:03:40
Top of Dome		2:08:04
13 Mile	10:07	2:13:46
Half-Mar.		2:14:50

Checkpoint	Mile	Cumulative
14 Mile	9:43	2:23:30
Turnaround		2:31:40
15 Mile	10:54	2:34:24
16 Mile	10:54	2:45:19
17 Mile	10:07	2:55:25
Top of Chute		2:55:59
18 Mile	10:07	3:05:32
19 Mile	8:50	3:14:22
20 Mile	8:44	3:23:05
21 Mile	8:44	3:31:49
Hend/Gold Hill		3:36:11
22 Mile	8:50	3:40:39
23 Mile	9:25	3:50:04
24 Mile	8:44	3:58:47
25 Mile	8:44	4:07:31
26 Mile	10:19	4:17:50
Finish		4:20:00