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2:01 PM

Equinox Marathon Pace Table for 4:10:00 Pace

Checkpoint	Mile	Cumulative
1 Mile		9:15
2 Mile	8:41	17:56
Yankovitch		21:37
3 Mile	9:26	27:22
4 Mile	10:24	37:46
5 Mile	9:09	46:55
Miller Hill		52:59
6 Mile	8:52	55:47
7 Mile	8:46	1:04:33
8 Mile	8:46	1:13:20
9 Mile	8:52	1:22:12
St. Patrick's		1:22:41
10 Mile	11:27	1:33:38
11 Mile	12:52	1:46:30
12 Mile	12:24	1:58:54
Top of Dome		2:03:08
13 Mile	9:44	2:08:38
Half-Mar.		2:09:39

Checkpoint	Mile	Cumulative
14 Mile	9:21	2:17:58
Turnaround		2:25:50
15 Mile	10:29	2:28:28
16 Mile	10:29	2:38:57
17 Mile	9:44	2:48:41
Top of Chute		2:49:13
18 Mile	9:44	2:58:24
19 Mile	8:29	3:06:53
20 Mile	8:23	3:15:17
21 Mile	8:23	3:23:40
Hend/Gold Hill		3:27:53
22 Mile	8:29	3:32:09
23 Mile	9:04	3:41:13
24 Mile	8:23	3:49:36
25 Mile	8:23	3:58:00
26 Mile	9:55	4:07:55
Finish		4:10:00