

Equinox Marathon Pace Table for 3:35:00 Pace

Checkpoint	Mile	Cumulative
1 Mile		7:57
2 Mile	7:28	15:25
Yankovitch		18:35
3 Mile	8:07	23:32
4 Mile	8:56	32:28
5 Mile	7:52	40:21
Miller Hill		45:34
6 Mile	7:38	47:58
7 Mile	7:33	55:31
8 Mile	7:33	1:03:04
9 Mile	7:38	1:10:41
St. Patrick's		1:11:06
10 Mile	9:50	1:20:32
11 Mile	11:04	1:31:36
12 Mile	10:40	1:42:15
Top of Dome		1:45:54
13 Mile	8:22	1:50:37
Half-Mar.		1:51:30

Checkpoint	Mile	Cumulative
14 Mile	8:02	1:58:39
Turnaround		2:05:25
15 Mile	9:01	2:07:41
16 Mile	9:01	2:16:42
17 Mile	8:22	2:25:04
Top of Chute		2:25:32
18 Mile	8:22	2:33:26
19 Mile	7:18	2:40:43
20 Mile	7:13	2:47:56
21 Mile	7:13	2:55:09
Hend/Gold Hill		2:58:46
22 Mile	7:18	3:02:27
23 Mile	7:47	3:10:15
24 Mile	7:13	3:17:28
25 Mile	7:13	3:24:41
26 Mile	8:32	3:33:12
Finish		3:35:00