

**Equinox Marathon Pace Table for 3:20:00 Pace**

Checkpoint	Mile	Cumulative
1 Mile		7:24
2 Mile	6:56	14:20
Yankovitch		17:18
3 Mile	7:33	21:54
4 Mile	8:19	30:12
5 Mile	7:19	37:32
Miller Hill		42:23
6 Mile	7:06	44:37
7 Mile	7:01	51:39
8 Mile	7:01	58:40
9 Mile	7:06	1:05:45
St. Patrick's		1:06:09
10 Mile	9:09	1:14:54
11 Mile	10:18	1:25:12
12 Mile	9:55	1:35:07
Top of Dome		1:38:31
13 Mile	7:47	1:42:54
Half-Mar.		1:43:43

Checkpoint	Mile	Cumulative
14 Mile	7:29	1:50:23
Turnaround		1:56:40
15 Mile	8:23	1:58:46
16 Mile	8:23	2:07:10
17 Mile	7:47	2:14:56
Top of Chute		2:15:23
18 Mile	7:47	2:22:43
19 Mile	6:47	2:29:31
20 Mile	6:43	2:36:13
21 Mile	6:43	2:42:56
Hend/Gold Hill		2:46:18
22 Mile	6:47	2:49:44
23 Mile	7:15	2:56:58
24 Mile	6:43	3:03:41
25 Mile	6:43	3:10:24
26 Mile	7:56	3:18:20
Finish		3:20:00