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1:55 PM

**Equinox Marathon Pace Table for 2:50:00 Pace**

Checkpoint	Mile	Cumulative
1 Mile		6:17
2 Mile	5:54	12:11
Yankovitch		14:42
3 Mile	6:25	18:37
4 Mile	7:04	25:41
5 Mile	6:13	31:54
Miller Hill		36:01
6 Mile	6:02	37:56
7 Mile	5:58	43:54
8 Mile	5:58	49:52
9 Mile	6:02	55:53
St. Patrick's		56:13
10 Mile	7:47	1:03:40
11 Mile	8:45	1:12:26
12 Mile	8:26	1:20:51
Top of Dome		1:23:44
13 Mile	6:37	1:27:28
Half-Mar.		1:28:10

Checkpoint	Mile	Cumulative
14 Mile	6:21	1:33:49
Turnaround		1:39:10
15 Mile	7:08	1:40:57
16 Mile	7:08	1:48:05
17 Mile	6:37	1:54:42
Top of Chute		1:55:04
18 Mile	6:37	2:01:19
19 Mile	5:46	2:07:05
20 Mile	5:42	2:12:47
21 Mile	5:42	2:18:30
Hend/Gold Hill		2:21:21
22 Mile	5:46	2:24:16
23 Mile	6:10	2:30:26
24 Mile	5:42	2:36:08
25 Mile	5:42	2:41:50
26 Mile	6:45	2:48:35
Finish		2:50:00