

**Equinox Marathon Pace Table for 2:45:00 Pace**

Checkpoint	Mile	Cumulative
1 Mile		6:06
2 Mile	5:44	11:50
Yankovitch		14:16
3 Mile	6:14	18:04
4 Mile	6:52	24:55
5 Mile	6:02	30:58
Miller Hill		34:58
6 Mile	5:51	36:49
7 Mile	5:47	42:36
8 Mile	5:47	48:24
9 Mile	5:51	54:15
St. Patrick's		54:34
10 Mile	7:33	1:01:48
11 Mile	8:30	1:10:18
12 Mile	8:11	1:18:29
Top of Dome		1:21:16
13 Mile	6:25	1:24:54
Half-Mar.		1:25:34

Checkpoint	Mile	Cumulative
14 Mile	6:10	1:31:04
Turnaround		1:36:15
15 Mile	6:55	1:37:59
16 Mile	6:55	1:44:54
17 Mile	6:25	1:51:20
Top of Chute		1:51:41
18 Mile	6:25	1:57:45
19 Mile	5:36	2:03:21
20 Mile	5:32	2:08:53
21 Mile	5:32	2:14:25
Hend/Gold Hill		2:17:12
22 Mile	5:36	2:20:01
23 Mile	5:59	2:26:00
24 Mile	5:32	2:31:32
25 Mile	5:32	2:37:05
26 Mile	6:33	2:43:37
Finish		2:45:00